

LUNCH

Meal Prices

Student-Full Pay-High School	2.90
Student-Full Pay-Middle	2.80
Student-Full Pay-Elementary	2.65
Student—Reduced Price	.40
Adult Price	3.60
Extra Milk	.40



Milk is served with
Every Meal.

USD 489 Nutrition Services
Jessica Younker, Director
323 W. 12th St.
Hays KS 67601

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
2 No School	3 Beef Fritter Mashed Potatoes & Gravy Green Beans Mandarin Oranges Roll	4 Hot Turkey & Swiss Pasta Salad Pea & Carrots Banana	5 Spiral Dogs Baked Beans Cheesy Cauliflower Grapes	6 Crispy Chicken Sandwich Tater Tots Baby Carrots Fruit Salad Chunks
9 Breakfast Pizza Hash Browns Peas Cinnamon Apples	10 Italian Dunkers Spinach Salad Glazed Carrots Fresh Pears	11 Crispito Refried Beans Corn Orange Wedges	12 Grilled Chicken Sandwich Sweet Potato Fries Cheesy Broccoli Pineapple	13 Mac & Cheese Little Smokies Mixed Veggies Kiwi Breadstick
16 Chicken Nuggets Baked Beans Calif. Mixed Veggies Grapes Roll	17 Lasagna (HHS/HMS) Hamburger (Elem) Sliced Carrots French Fries (Elem) Applesauce Garlic Toast (HHS/HMS)	18 Super Nachos Mexican Rice Corn Peaches	19 Hot Dog/Chili Dog Curly Fries Peas & Carrots Apple Wedges	20 No School
23 Steak Fingers Mashed Potatoes & Gravy Green Beans Pears Roll	24 Rib Sandwich Baked Beans Garden Veggies Orange Wedges	25 Spaghetti & Meat Sauce Tossed Salad Broccoli/ Cauliflower Banana Garlic Toast	26 Corn Dog French Fries Glazed Carrots Peaches	27 French Toast Scrambled Eggs Sausage Links Hash Browns Mandarin Oranges
30 Cherry Blossom Chicken Asian Rice Peas & Carrots Pineapple Roll				

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