

LUNCH

Meal Prices

Student-Full Pay-High School	2.90
Student-Full Pay-Middle	2.80
Student-Full Pay-Elementary	2.65
Student—Reduced Price	.40
Adult Price	3.60
Extra Milk	.40



MILK IS SERVED WITH EVERY MEAL.

*USD 489 Nutrition Services
Jessica Younker, Director
323 W. 12th St.
Hays KS 67601*

Menu Subject to Change

Monday	Tuesday	Wednesday	Thursday	Friday
		1 Rib Sandwich Tater Tots Broccoli & Cauliflower Kiwi	2 Italian Pasta Bake Tossed Salad Glazed Carrots Grapes Garlic Toast	3 Chicken Quesadilla Refried Beans Corn Banana
6 Breakfast Pizza Hash Browns Peas Cinnamon Apples	7 Beef & Noodles Mashed Potatoes Mixed Vegetables Fresh Pears Breadstick	8 Spiral Dogs Baked Beans Green Beans Strawberries & Bananas	9 Crispy Chicken Sandwich Coleslaw Baby Carrots Pineapple	10 Fish Filet French Fries Peas & Carrots Rosy Applesauce Roll
13 Beef Fritter Mashed Potatoes & Gravy Mixed Vegetables Tropical Fruit Salad Roll	14 Lasagna (HHS/HMS) Hamburger (Elem) Tossed Salad French Fries (Elem) Sliced Carrots Apple Wedges Garlic Toast (HHS/HMS)	15 Grilled Chicken Sandwich Baked Beans Cheesy Broccoli Frozen Fruit	16 Thanksgiving Meal Turkey & Dressing Mashed Potatoes & Gravy Green Beans Assorted Salads Roll Pumpkin Dessert	17 Crispito Refried Beans Corn Fruit Salad Chunks
20 Chicken Nuggets Seasoned Rice Cheesy Cauliflower Pears Roll	21 French Toast Scrambled Eggs Sausage Links Hash Browns Mandarin Oranges	22 Fall Recess No School	23 Fall Recess No School	24 Fall Recess No School
27 Mac & Cheese Little Smokies Peas & Carrots Pineapple Breadstick	28 Italian Dunkers Spinach Salad Broccoli & Cauliflower Orange Wedges	29 Taco Salad Seasoned Rice Corn Strawberries & Bananas	30 Hot Dog/Chili Dog Baked Beans Glazed Carrots Peaches	

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